



## The Cottages at Martin Lake June Newsletter

Welcome June and warm weather! Please remember that we have the patio and porch for you to enjoy with your favorite resident. Bring a treat to enjoy outside in the nice weather! We also have the picnic table and sitting area by the lake for all to enjoy! Feel free to bring and fill birdfeeders so those beautiful creatures will come visit us but please keep them out of the mowed portions of the lawn. You can also bring a fishing pole if you would like and fish off the dock!

Our tulips and daffodils came up in our raised garden beds; not as many as last year, but they are still a nice splash of color. We will be planting our vegetable garden and annuals soon! Does anyone want to plant or weed?

With the warmer weather, we do use the air conditioning. Please keep your windows and sliders closed. The remote control for the temperature can be a bit tricky; **please** ask for help when changing the temperature in the resident suites.

### *Please & Thankyou*

Thank for all of the recipes you have brought in to honor our residents. It was extra fun that some made the recipe so we could all enjoy it! Please remember to bring in the recipe for your loved one if you have not already done so.

### SATURDAY TEA TIME

Saturday Tea time in the Summer is more like Saturday Sit & Sip! Come on out and enjoy some iced tea or lemonade. Enjoy time out by the lake or on the pontoon boat.

## *Save the Date!*

Please mark your calendars for our FAMILY PICNIC on Saturday, July 2 from 3:00-6:00. We will have outdoor games, fishing, boating, with roasted hotdogs for dinner, entertainment, and more! Please RSVP with the number of family attending to 231-307-4567 by June 28. Fee: Donation

## NEW MEDICAL APPOINTMENT FORMS

Don't forget to pick up a medical form for the physician to sign when you take your loved one to the doctor.

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### CINNAMON RESTRICTION LIFTED

While we are sad to see our fellow team member, Amber, leave us for another job that works better for her as a new mom, we are happy to announce that we **no longer need to be a cinnamon-free community**. Thank you for complying with this restriction to avoid a severe allergic reaction when she was working.

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## *Welcome New Staff*

We have added a lot of new staff to our team! Welcome Kimberly, Kasie, Sam, Serenity, and Emily. You may be interested in who is caring for your loved one. Please enjoy a different **Staff Highlight** each month.

*Crystal S* has been with us for two and a half years! She was part of the original crew when we first opened. She works 3<sup>rd</sup> Shift in Building 1 and is quiet, compassionate, and dependable. Crystal's favorite part of her job is "knowing that I have made a small difference in someone's life." You may not see her much but she is the one prepping food for the following day, decorating for birthdays, and awake all night so we can sleep! Her favorite color is teal green, favorite flower is a sunflower, favorite movie is Fried Green Tomatoes, and favorite candy is anything chocolate. When Crystal is not working, she enjoys spending time with her 4 grandchildren. Crystal is an excellent caregiver and loved by all of the residents.

## HAPPY FATHERS' DAY!

Sunday, June 19<sup>th</sup> is Fathers' Day and we will be honoring our resident fathers that day! An ordinary man can father a child but it takes someone special to be a "dad".

