



The Cottages at Martin Lake May 2024 Newsletter

Wind, strong winds, snow, and showers will all hopefully bring us some beautiful May flowers!

April has been a difficult month! It has been a month of tragedy and loss. I am thankful for our "Cottages family" that has pulled together to support our families, residents, and our own staff through times of mourning.

May will hopefully bring in some warmer temperatures. It will be nice to be able to spend time in the porch again or down by the water! Our raised garden beds have daffodils in bloom and the tulips are ready to bloom. We just need a little more sun!

Some interesting facts for May:

May is named after the Greek goddess Maia, who was the mother of Hermes.

The birthstone for those born in May is either the emerald or the agate.

May is National Mental Health Month.

May 1May Day and Mother Goose Day
 May 4Kentucky Derby Day
 May 5.....Cinco de Mayo
 May 12.....Mother's Day
 May 27.....Memorial Day

Everyday is a gift ... which is why they call it the *present*.

Tuesday Morning Devotions are in Building 1 at 11:00.

Still looking for volunteers to lead devotions/Bible study on Tuesday. It is a sweet time to share encouraging words of Faith, Hope, and Love.

Bring the grands/great grands for **SUNDAY FUNDAY!** We are encouraging the littles to visit with kid friendly snacks and games.

Don't forget to join us for **BINGO on Friday Afternoons!** We have both snacks AND prizes!

Shawn's Granddaughter Jesika came to help Memaw at work.

Ms. Ginny was a teacher and she absolutely LOVES when kids come to visit!

Jesika also helped Ms. Gloria sort all of her greeting cards by season.



The following poem was read at the funeral for Robert Bradley. It was so meaningful that I asked his wife, Beverly, if I could share it with everyone.

The Dash

by Linda Ellis

I read of a man who stood to speak at a funeral of a friend. He referred to the dates on the tombstone from the beginning...to the end.

He noted that first came the date of birth and spoke of the following date with tears, but he said what mattered most of all was the dash between those years.

For that dash represents all the time they spent alive on earth and now only those who loved them know what that little line is worth.

For it matters not, how much we own, the cars... the house...the cash. What matters is how we live and love and how we spend our dash.

So think about this long and hard; are there things you'd like to change? For you never know how much time is left that can still be rearranged.

To be less quick to anger and show appreciation more and love the people in our lives like we've never loved before.

If we treat each other with respect and more often wear a smile...remembering that this special dash might only last a little while.

So when your eulogy is being read, with your life's actions to rehash...would you be proud of the things they say about how you lived your dash?



The property on the corner of 32nd and Van Wagoner has been planted with natural prairie grasses and wild flowers. After three years, we were told it needed to be burned to allow for new growth. On Monday, April 8th, we had a controlled burn with the Fremont Fire Department using it for a training exercise. It was very exciting! Eventually, we hope to have a natural pollinator habitat and host a hive of honey bees.

Letha and Karissa watched through the screen door until the smoke started rolling in.



Letha told Karissa, "I hate to see things burn, but fire is kind of pretty though."

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The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. Deuteronomy 31:8-9

SPRING IS IN THE AIR...



Letha and Sharon enjoying the sunset!



Beautiful paintings by Gloria and Sharon!



Tea time on the porch.

Mother Goose “Fun” Page

According to Wikipedia (therefore, it must be true), Mother Goose is a character that originated in children’s fiction as the imaginary author of a collection of French and English fairy tales. They date back to books published as far back as 1697.

While the rhymes are read to children and fun to say, some have quite the dark side to them! Here is the background to just a few of very familiar rhymes:

Jack and Jill: Is thought to be about the death of King Louis XVI and his queen who was killed shortly after him.

Three Blind Mice: May be about the execution of three Protestant Bishops by Queen Mary I of England

Humpty Dumpty: Could be about the fall of King Richard III.

Ring around the Rosies: May be about the symptoms and death of the bubonic plague.

Here We Go Round the Mulberry Bush: May be about a mulberry bush in the center of a woman’s prison.

Georgie Porgie: is actually about a sex scandal and a reference to George Villiers the First Duke of Buckingham.

Mary, Mary, Quite Contrary: Is thought to be about the bloody reign of Queen Mary I or the torture devices of Mary Queen of Scots.

Baa, Baa, Black Sheep: is sadly about the slave trade

Who Knew? ... and we read these to our children!!

Some are quite negative. Think of the old woman whipping her children, the cats fighting to death, the farmer’s wife cutting off mice tails, the hopelessness of Humpty-Dumpty... the list goes on!

MATCHING

1. ____ Jack and Jill
2. ____ Old Women
3. ____ Kilkenny
4. ____ Georgie Porgie
5. ____ Humpty Dumpty
6. ____ Three, Four
7. ____ Black Sheep
8. ____ Jack Sprat
9. ____ This Little Piggy
10. ____ Sing a Song of Sixpence
11. ____ Jack Horner
12. ____ A Diller A Dollar
13. ____ Hickory Dickory
14. ____ the cat
- ..15. ____ Boy blue
 - a. Plum
 - b. haystack
 - c. Three bags

- d. Fiddle
- e. Water
- f. Rye
- g. Market
- h. Cats
- i. Door
- j. Wall
- k. Lean
- l. Clock
- m. Shoe
- n. Kissed
- o. noon

1-e, 2-m, 3-h, 4-n, 5-j, 6-i, 7-c, 8-k,
9-g, 10-f, 11-a, 12-o ,13-l, 14-d,15-b