



The Cottages at Martin Lake October 2024 Newsletter

Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves!

-Humbert Wolfe

October Facts and Holidays

October was the eighth month of the early Roman calendar, thus "octo" which means "eight" in Latin. When the Romans converted to a 12 month calendar, the name stuck even though it was now the tenth month.

Birthstone: Opal and Tourmaline

Flower: the Cosmos which symbolize love, peace, and tranquility and Marigolds which can be used in healing lotions

October is Breast Cancer Awareness Month, Mental Illness Awareness Month, National Pizza and Pasta Month, and National Book Month. Also, the 4th Saturday in October is Make a Difference Day

There are so many holidays in October.... Here are just a few:

October 1: International Day of Older Persons
National Homemade Cookie Day
International Coffee Day

October 4: World Smile Day

October 5: World Teacher's Day

October 8: Fluffernutter Day

National Hero's Day

October 11: National Spread Joy Day

October 13: National M&M Day

October 15: Global Handwashing Day

October 21: National Apple Day

October 25 National Bandana Day

October 26: National Pumpkin Day

October 27: National Black Cat Day

October 28: **National 1st Responders' Day**

October 31: Halloween

National Knock-Knock Joke Day

PANCAKE BREAKFAST

Our first Pancake Breakfast was a big success!

Jim did a great job flipping pancakes!

We were so pleased that so many family members came! will definitely plan on doing this event again.



Knock, knock.

Who's there?

Olive.

Olive who?

Olive you soooooomuch!

DONATIONS NEEDED

for

1st Responders' Day



October 28th is NATIONAL FIRST RESPONDERS' DAY and it has been our tradition to celebrate our local First Responders each October. We invite all of our local police, sheriff, firefighters, and EMS to come get a warm, homemade cookie and a goodie bag. They are here when we need them and are so good to our residents! We need to fill 100 bags which gets costly. Your donations would help a lot!

What we need:

- Cases of bottled water
- Honeycrisp Apples
- Lifesavers
- Kit Kat bars
- Tootsie Rolls
- Emergen C packets (Airborne or Propel will work)

We usually have the residents help with this project and the First Responders really appreciate it. Please help us show them that they are appreciated!

September Happenings



Sharon with Bennet



Ron and Tom

Delores, Gloria, and Ginny work on a fall art project.



Special Visitors

Gloria's friends, Les & Melinda McNeal, came to sing for everyone on September 2nd. They sang a lot of old hymns that the residents loved and sang along!



On September 11th, Erica's friends brought their miniature horses to visit and do tricks. They were a big hit!



Thank you Brittany, Parker, and Lainey! Your horses were cute, smart, and friendly!



Your steadfast love, O Lord,
extends to the heavens,
Your faithfulness
to the clouds.
Psalm 36:5

