

### The Cottages at Martin Lake October 2024 Newsletter

Listen! The wind is rising, and the air is wild with leaves, We have had our summer evenings, now for October eves! -Humbert Wolfe

#### **October Facts and Holidays**

October was the eight month of the early Roman calendar, thus "octo" which means "eight" in Latin. When the Romans converted to a 12 month calendar, the name stuck even though it was now the tenth month.

Birthstone: Opal and Tourmaline

Flower: the Cosmos which symbolize love, peace, and tranquility and Marigolds which can be used in healing lotions

October is Breast Cancer Awareness Month, Mental Illness Awareness Month, National Pizza and Pasta Month, and National Book Month. Also, the 4<sup>th</sup> Saturday in October is Make a Difference Day

There are so many holidays in October.... Here are just a few:

October 1: International Day of Older Persons National Homemade Cookie Day International Coffee Day October 4: World Smile Day Day October 5: World Teacher's Day October 8: Fluffernutter Day National Heroe's Day October 11: National Spread Joy Day October 13: National M&M Day October 15: Global Handwashing Day October 21: National Apple Day October 25 National Bandana Day October 26: National Pumpkin Day October 27: National Black Cat Day October 28: National 1<sup>st</sup> Responders' Day October 31: Halloween National Knock-Knock Joke Day

## PANCAKE BREAKFAST

Our first Pancake Breakfast was a big success!

#### Jim did a great job flipping pancakes!

We were so pleased that so many family members came! will definitely plan on doing this event again.







Knock, knock. Who's there? Olíve. Olíve who? Olíve you soooomuch!

#### DONATIONS NEEDED for 1<sup>st</sup> Responders' Day

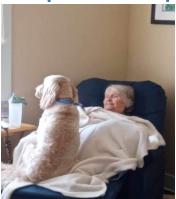


October 28<sup>th</sup> is NATIONAL FIRST RESPONDERS' DAY and it has been our tradition to celebrate our local First Responders each October. We invite all of our local police, sheriff, firefighters, and EMS to come get a warm, homemade cookie and a goodie bag. They are here when we need them and are so good to our residents! We need to fill 100 bags which gets costly. Your donations would help a lot! What we need:

Cases of bottled water Honeycrisp Apples Lifesavors Kit Kat bars Tootsie Rolls Emergen C packets (Airborne or Propel will work)

We usually have the residents help with this project and the First Responders really appreciate it. Please help us show them that they are appreciated!

### **September Happenings**



Sharon with Bennet







# **Special Visitors**

Gloria's friends,Les & Melinda McNeal, came to sing for everyone on September 2<sup>nd</sup>. They sang a lot of old hymns that the residents loved and sang along!



On September 11<sup>th</sup>, Erica's friends brought their miniature horses to visit and do tricks. They were a big hit!



Thank you Brittany, Parker, and Lainey! Your horses were cute, smart, and friendly!



Your steadfast love, O Lord, extends to the heavens, Your faithfulness to the clouds. Psalm 36:5

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